



High Oleic Oil Market Analysis, Growth & Industry Trends Report - Forecast Trends (2025-2034)

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High Oleic Oil Market Outlook 2025-2034



The global high oleic oil market was valued at approximately USD 5,998.60 million in 2024. It is anticipated to grow at a compound annual growth rate (CAGR) of 6.50% from 2025 to 2034, reaching an estimated market size of nearly USD 11,260.20 million by the end of 2034.

High Oleic Oil Market Growth

The **global high oleic oil market Size** reached a value of approximately USD 5,998.60 million in 2024, driven by increasing demand for healthier edible oils. High oleic oils, known for their stability, long shelf life, and heart-healthy properties, are increasingly used in cooking, frying, and food processing. Rising awareness about the health benefits of monounsaturated fats, along with the growing popularity of clean-label products, is contributing significantly to the market's upward trajectory across developed and emerging economies.

With expanding applications in industrial frying, baked goods, and snack foods, the high oleic oil market is projected to grow at a CAGR of 6.50% between 2025 and 2034. Foodservice operators and packaged food manufacturers prefer high oleic oils due to their oxidative stability and ability to withstand high heat. These oils also eliminate the need for hydrogenation, reducing trans fat content—an increasingly important factor as consumers seek heart-friendly food alternatives and governments enforce stricter nutrition labeling.

By 2034, the high oleic oil market is expected to reach nearly USD 11,260.20 million. This growth is supported by rising demand for non-GMO and sustainable oil solutions, especially in North America, Europe, and parts of Asia-Pacific. The personal care and cosmetics sectors are also adopting high oleic oils for their moisturizing and anti-inflammatory properties. Combined with growing adoption in animal nutrition and bio-lubricants, these diverse applications are shaping a robust and multi-sectoral market expansion over the forecast period.

High Oleic Oil Market Trends

A major trend in the high oleic oil market is the rising consumer shift toward heart-healthy and low-trans-fat cooking oils. With growing health awareness, particularly around cardiovascular wellness, high oleic oils are replacing traditional vegetable oils in households and foodservice applications. Their high monounsaturated fat content and stability at high temperatures make them a preferred choice for frying, baking, and processed foods, aligning with cleaner label trends and health-conscious purchasing behavior globally.

The food manufacturing industry is increasingly adopting high oleic oils as a functional ingredient due to their extended shelf life and oxidative stability. This trend is especially strong in the snack, bakery, and ready-to-eat segments where product freshness and consistency are critical. Food processors also value high oleic oils for their neutral taste and ability to maintain texture and flavor without artificial preservatives, supporting their use in clean-label, minimally processed, and non-GMO product innovations.

Sustainability and traceability are becoming essential in the high oleic oil market. Producers are focusing on non-GMO and sustainably sourced oilseed crops, particularly high oleic sunflower and canola, to meet regulatory requirements and consumer expectations. Additionally, technological advancements in plant breeding are enabling higher oleic content with better crop yields. These developments support responsible sourcing initiatives, especially in North America and Europe, where eco-friendly practices and transparency are key drivers of brand loyalty and market expansion.

High Oleic Oil Market Segmentation

Market Breakup by Oil Type

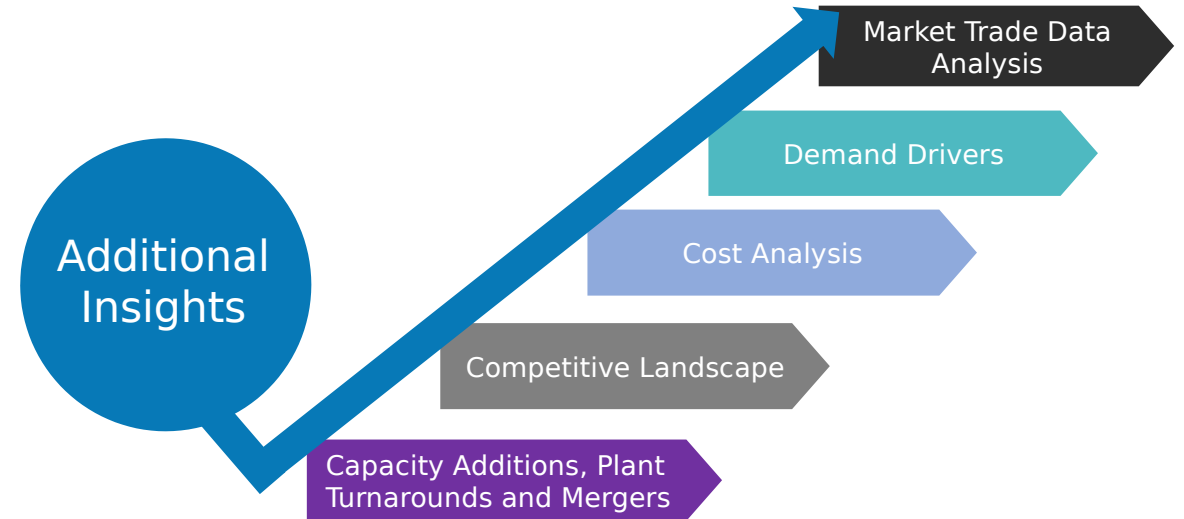
- Sunflower Oil
- Canola/Rapeseed Oil
- Soybean Oil
- Safflower Oil
- Others

Market Breakup by Source

- Non-GM/Conventional
- GM
- Organic Certified

Market Breakup by Application

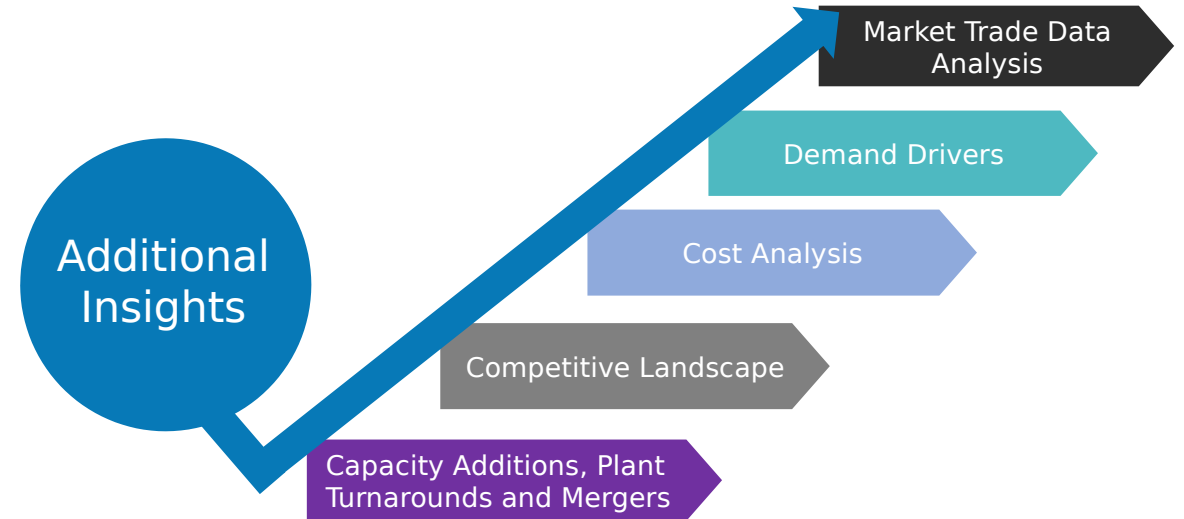
- Food Processing
- Biofuel
- Others



High Oleic Oil Market Segmentation

Market Breakup by Region

- North America
- Europe
- Asia Pacific
- Latin America
- Middle East and Africa



Leading Companies in the High Oleic Oil Market

The report provides an in-depth analysis of the key players in the "High Oleic Oil Market", examining their capacities, competitive positioning, and recent developments, including capacity expansions, plant turnarounds, and mergers and acquisitions.

Archer Daniels Midland Company

Archer Daniels Midland Company (ADM) is a global agribusiness leader with a significant presence in the oilseed processing industry. The company produces high oleic oils through advanced refining techniques, catering to food, nutrition, and industrial sectors with a strong focus on innovation, sustainability, and health-oriented product development.

Cargill, Incorporated

Cargill, Incorporated is a major U.S.-based agricultural and food processing company with a diversified portfolio. It is a key player in the high oleic oil market, offering tailored oil solutions for foodservice, packaged goods, and industrial clients. Cargill emphasizes traceability, non-GMO options, and healthier oil alternatives in its product lines.

Marbacher Ölmühle GmbH

Based in Germany, Marbacher Ölmühle GmbH specializes in producing cold-pressed, high-quality edible oils, including high oleic variants. The company is known for its commitment to organic, sustainable, and local sourcing. It serves health-conscious consumers and gourmet markets across Europe with a focus on purity and minimal processing.

Leading Companies in the High Oleic Oil Market

Adams Group

Adams Group is a U.S.-based agricultural company with a focus on oilseed farming and processing. The company plays a key role in supplying high oleic oils to food manufacturers and industrial clients. It combines vertical integration with sustainable farming practices, offering quality control from seed to oil extraction.

Colorado Mills LLC

Colorado Mills LLC is a producer of non-GMO, high oleic sunflower oil in the United States. The company uses locally sourced sunflower seeds and follows a vertically integrated approach. Known for its eco-conscious operations and chemical-free processing, Colorado Mills serves foodservice, retail, and livestock sectors with premium oils.

Others

Several other regional and international players contribute to the high oleic oil market, including niche producers and contract manufacturers. These companies focus on customized formulations, organic certifications, and sustainable sourcing to meet evolving consumer and industry demands, adding diversity and innovation to the competitive landscape.

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